



Dear Parents and Carers

We hope you had a lovely half term despite the weather, it is great to see that the children have come back enthusiastic and refreshed for learning. Let's hope Spring is almost here!

Christian Value

This term, the value that we are focussing on is Courage. Having courage means that children will be brave as they meet new experiences and/or difficult situations.

Rights Respecting Article



Each half term we will consider a different article and ensure the rights are being taught through our daily classroom practice. This half term, we are focussing on are focussing on Article 31: "Every child has the right to play and rest."

Mental Health and Well-Being

In our busy world, life can sometimes feel a little overwhelming. We are all human and can experience these feelings. We are encouraging everyone to take small moments in their day to practise feeling calm, through controlled breathing. Controlled breathing can promote feelings of calm and relaxation and can be used whether you are at your desk, sitting at home, on the bus or just about anywhere! Attached is the 4-7-8 technique which we have introduced to our children. You might like to encourage your child to try it at home if they are feeling stressed or anxious.

World Book Day

This year's World Book Day takes place on Thursday 5th March. Your child can come dressed as a character from a book if they are in Years 1 to 6. Froglets and Reception children can come in their pyjamas. Instead of donating money, please bring in a pre-loved book from home that you no longer want, so that somebody else can read and enjoy. The Friends of St Michael's will collect the book donations and sell them at the end of the day to raise money for our school.

Parents Evenings

This terms Parents Evenings will take place week commencing Monday 16th March. Further information regarding the Parents Evening Booking System will follow at the end of this week.

Article 31 – Every child has the right to play and rest
March 2020 Newsletter



Hair Bands

Please can I ask for your support in encouraging your children to wear small, not novelty and preferably school colours hair bows and bands. It is also essential that children with hair longer than their shoulders have it tied up- this will help in the prevention of head lice. Children's hair should also not be dip dyed or of unnatural colour as stated in our uniform policy.

Authorised Absence

Please can I reiterate to you that any request for absence can only be authorised if there are very clear exceptional circumstances. This is the law and ignoring it may result in a Penalty Notice being issued. Please check the calendar on our website to ensure you book holidays during the school holiday period. If you are booking further in advance, please don't hesitate to contact the office to check if we can confirm dates.

Can I also remind the parents of children in Year 6 that your children will sit their SATs in the week beginning the 11th May 2020. Please could we ask that you do not make appointments and that you do not take any holiday.

Additional School Spaces

We still have some spaces remaining for child admissions in our current Reception & Year 1, so please help to spread the word! We would love to welcome some more children to our school and would be only too happy to give anyone interested more information or a guided tour.

Friends of St Michael's

Monday 9th March Friend of St Michael's will hold their AGM at 6pm in the school hall. Everyone is welcome and we would love to hear your views and ideas. Come and celebrate the amazing fundraising that has happened over the past year.

If you have any queries, please do not hesitate to use our 'tier' system. If you are unable to pop into school, please ring or email via the school office.

Thank you for your continued support.

Kind Regards
Mrs Kate Arnold
Head of School