

# UNITED SCHOOLS FEDERATION

St. Michael's C. of E. Nursery & Primary School St. Catherine's C. of E. VA Primary School  
St. Mary's C. of E. VA Primary School Marldon C. of E. VA Primary School  
Ipplepen Primary School and Stokeinteignhead School



14<sup>th</sup> September 2020

## National Three Peaks Challenge/Young Minds

Dear Parents, Carers and Friends,

Helping to promote positive mental health in people, but especially young people, is a main priority for all our schools. In addition to the work that we are doing to help support and promote the importance of mental health, the Leadership Team have decided to take on the Three Peaks Challenge as a way of fund raising for this worthy cause.

The National Three Peaks Challenge involves climbing the three highest peaks of Scotland, England and Wales, often within 24 hours.

The total walking distance is 23 miles (37km) and the total ascent is 3064 metres (10,052ft). The total driving distance from Ben Nevis in Scotland, to Scafell Pike in England and then to Snowdon in Wales is 462 miles.

During the summer, the participants have been training, walking on the moor and along the costal paths. At the end of the summer a number of us travelled up to Snowdon, leaving at 2.00 am to climb Snowdon and then returning home by 10.30 pm the same day.

We have registered our attempt here:

<https://www.threepkchallenge.net/237948/united-schools-federation>

*The following staff are taking part: Mr Arnold (Marldon), Mrs Harding (St Michael's), Mr West (St Catherine's), Miss Crathorne (Stokeinteignhead), Mr Clements (St Marys), Mr Randall (USF IT Manager) and Mr Clayden (USF Premises manager), Mrs Wiseman (Doddiscombsleigh) and myself. In addition to the walkers, we have two drivers, Mr Bozhilov and Mr Askew, (our caretakers) and support back at school from Mrs Arnold and Mrs Lacey.*



**Executive Headteacher:** Mr. Martin Harding **Chair of Governors:** Mr. Nicholas Glanfield  
**Heads of School:** Mrs Kate Arnold, Mr. Marcus West, Mr. Adrian Clements, Mr. Jonathan Arnold, Mrs Amanda Lacey & Miss Joanna Crathorne

Our aim is to start the challenge on the 16<sup>th</sup> of October, driving to Fort William in Scotland. The 24 hours starts as soon as we leave the carpark, at the base of Ben Nevis and if all goes to plan, 24 hours later we should have completed the challenge, arriving at the carpark at the base of Snowdon.

Our target is to raise £1800 for Young Minds, a UK leading charity that is committed to improving the emotional wellbeing and mental health of children and young people. We have set up a just giving page and donations can be made using the following link.

<https://www.justgiving.com/fundraising/usfthreepeaks>

To further support the fundraising, we have plans to encourage the children to be active and take on their own challenges in school.

If we are unable to undertake the challenge as a consequence of any new Government restrictions, our plan will be to complete it as soon as we are able.

Each school will be promoting the event over the coming weeks. We also intend to have a blog where photographs will be uploaded during the event.

We hope that you will feel able to support this challenge and more importantly, our ambition to raise £1800 for Young Minds.

Kind regards.

Martin Harding

Executive Headteacher



**Executive Headteacher:** *Mr. Martin Harding*      **Chair of Governors:** *Mr. Nicholas Glanfield*  
**Heads of School:** *Mrs Kate Arnold, Mr. Marcus West, Mr. Adrian Clements, Mr. Jonathan Arnold, Mrs Amanda Lacey & Miss Joanna Crathorne*