



St Michael's C of E Primary School

OUR VISION: 'Within the love of God, working together, growing together, for all to flourish.'

April 2023 Newsletter

Dear Parents and Carers,

We hope you all have a lovely Easter break. Hopefully we will see the sun and that it will be here to stay.

Christian Value:

In the summer term, the value that we are focusing on is COURAGE. Courage involves making good choices in the face of fear or obstacles. It's another term for bravery. We celebrate this in our whole school assembly on a Friday and on the Values Blog.

Our Right:

Each half term we will consider a different article and ensure the rights are being taught through our daily classroom practice. This half term we are focusing on Article 32. Article 32 of the UNCRC says that children and young people shouldn't be able to work until they reach a certain age. In Scotland, they're not allowed to do almost any kind of work until they are 13. Rules about the work they can do remain in place until they are 18.

Sun Safe:

Hopefully, in the Summer term, the sun will make an appearance. We would like to remind everyone about the importance of sun safety, with the following tips:

- Water bottles: please make sure that your child has a water bottle every day. These need to be refreshed daily and named.
- Hats: we would like to see the children with hats to wear in hot weather.
- Sun protection: once-a-day sun lotions are ideal for school use. These can be applied at home before school and they avoid the need to add more sun lotion during the school day.

If your child does bring sun lotion into school, they need to be able to apply it themselves. It should also be in a container labelled with their name/class. Although we love the fact that we have generous children who would happily share their sun lotion, we do need to be careful with sharing as some children may have sensitive skin or allergies to certain creams. Your support with helping your child to stay sun safe is much appreciated.

Staff Contact/emails:

It is really important to me that my team stay healthy and have time for their families, when not at work. I would be grateful, therefore, if you do have a particular issue with something, that you send any messages on weekdays between 8.00am and 4.00pm. If you message outside of these hours, please do not expect a response that



UNCRC Article 32
I should not be made to dangerous work.



OUR VISION: 'Within the love of God, working together, growing together, for all to flourish.'

day. Alternatively, you can phone the school office and they will pass a message to a member of staff.

Attendance

Attendance is monitored weekly, as part of our legal duties as a school. We will notify you by letter if we have a concern about your child's attendance. If you would like to discuss attendance, please talk to your child's class teacher in the first instance. We will be happy to work with you and your child to help improve their attendance at school if needed. If your child is unwell, you must contact the school via the Absence Option. We are also required to ask for as much information as possible about the nature of the illness in line with our health and safety procedures.

Mental Health

As a federation, we believe that teaching children to understand and talk about their mental health is crucial in promoting their future wellbeing. Our mental health champions have been promoting this message in our school assemblies.

Sometimes, as parents, we worry about talking to our children about mental health for fear of making things worse, or we worry how our child will react. However, having regular chats about how our minds are doing can be really beneficial and gives your child the message that their mental health is as important as their physical. We would ask how our child's cut knee was healing so why not ask what's going on for them in their minds too?

Here are some links to useful information on talking to your child about their mental health.

www.youngminds.org.uk/parent/how-to-talk-to-your-child-about-mental-health/
www.place2be.org.uk/our-services/parents-and-carers/supporting-your-child-s-mental-health/

If you have any queries, please do not hesitate to use our 'tier' system. If you are unable to pop into school, please ring or email via the school office.

Thank you for your continued support.

Kind Regards,
Mrs Kate Arnold
Head of School

Dates for your diary:	
April	
17 th	Return to school
24 th – 28 th	Year 5 and 6 Bikeability



UNCRC Article 32
I should not be made to dangerous work.

