

# UNITED SCHOOLS FEDERATION

St. Michael's C. of E. Nursery & Primary School St. Catherine's C. of E. VA Primary School St. Mary's C. of E. VA Primary School  
Marldon C. of E. VA Primary School Ipplepen Primary School, Stokeinteignhead School  
& Doddiscombsleigh Primary School

## OUR SCHOOL MENU - ALLERGY INFORMATION - WEEK 1

### MONDAY

MAC N CHEESE - **GLUTEN/MILK**  
GARLIC BREAD - **GLUTEN**  
CHICKEN MAYO WRAP - **GLUTEN/EGG**  
FRUITY FLAPJACK - **GLUTEN**

### TUESDAY

COTTAGE PIE - **MILK**  
CHEESE BAGUETTE - **GLUTEN/MILK/EGG/SESAME**  
QUORN PIE - **MILK/BARLEY/EGG**  
JAM SPONGE AND CUSTARD - **MILK/GLUTEN**

### WEDNESDAY

TUNA MAYO S/WICH - **GLUTEN/EGG/FISH/SOYA**  
VEGETARIAN PLAIT - **MILK/GLUTEN**  
ARTIC ROLL - **GLUTEN/MILK**

### THURSDAY

BEEFBURGER - **GLUTEN/SOYA/SULPHITES**  
GAMMON BAGUETTE - **GLUTEN/EGG/SESAME**  
BUN/VEGGIE BURGER - **GLUTEN/MUSTARD**

### FRIDAY

FISH FINGERS - **FISH/GLUTEN**  
WHOLEMEAL CHEESE SANDWICH - **MILK/GLUTEN**  
COUS COUS - **GLUTEN/SOYA/MUSTARD**  
COCOA SHORTBREAD - **GLUTEN**

### DAILY/WEEKLY

JACKET FILLINGS  
CHEESE - **MILK**  
TUNA MAYO - **FISH/EGG**  
YOGURT - **MILK**

